

O C T O B E R 2 0 1 2

EXPERIENCE INDIA

TWO PART TRIP RISHIKESH, INDIA AND THE ANANDA SPA

Join this two part journey to the sacred land of India lead by Valerie D'Ambrosio and Anand Mehrotra. You will have an opportunity to experience your own inner richness and the diverse spiritual cultures that live in India today.



Package Pricing (flights not included)

Both packages include-All taxi service, transportation to and from Delhi, 3 meals a day, yoga, and trekking.

Rishikesh:\$2100(double)

\$2300 (single)

Ananda: \$2250(double)

\$2500 (single)

(\$500 non-refundable deposit. Register before July 15, 2012 for discount)

RISHIKESH, INDIA (OCT 11TH-21ST 2012)

Immerse yourself in one of the most spiritual havens lying on the Holy banks of the Ganga River. In Rishikesh the roads of the city are lined with bustling market places of ethnic arts and handicrafts, fresh produce markets, and holy shrines.

Wake up overlooking the Ganga river each morning, nestled at the foot of the Himalayas. The days will be spent celebrating with yoga lead by Valerie and Anand, meditation, chanting, embracing the essence of the land and experiencing the culture and gifts of India.



Package includes:

- *Rooms and daily authentic indian cuisine
- *Transportation to and from Delhi
 - *Daily Yoga
 - *Trip to local orphanage
 - *2 days at Sattva Center
 - *Dinner with a local family
 - *Satsang on the Ganga river



Ananda Spa In the Himalayas (October 21st-24th 2012)

You can continue the journey by pampering yourself. Ananda Spa is a world class destination spa swirled in the sacred mists of time, nestled in the Himalayas. Ananda is dedicated to today's traveler who is looking for innovative ways to restore and rejuvenate their energies.

Package Includes:

- *Ayurvedic consultation
- *3 fabulous nutritious meals a day
 - *Daily spa treatments
 - *Daily yoga
 - *Trekking
 - *Pool, gym, sauna

For photos and a full listing of entitled spa amenities contact Valerie

FOR MORE INFO GO TO WWW.ORGANICTWIST.COM OR CALL 303-579-6340